Frances Moore Lappé is an American original. *New York Magazine* dubbed her “Movement Mother” while the Smithsonian described her book, *Diet for a Small Planet*, as “one of the most influential political tracts of the times.” *Gourmet Magazine* named Lappé as one of 25 people—from Thomas Jefferson to Julia Child—whose work has changed the way America eats. Writing, either by or about Lappé, has appeared in *Harper’s, New York Times Magazine, O Magazine*, among others. Her media appearances range from the *Today Show*, to *Hardball with Chris Matthews*, *Fox and Friends*, *BBC*, and *PBS Retro Report*.

The recipient of 20 honorary degrees, most recently from *Indiana University* in 2021, Lappé has authored 20 books, many focusing on themes of “living democracy”—suggesting a government held accountable to citizens and a way of living aligned with the deep human needs for connection, meaning and power.


A sought-after public speaker, Lappé has been a visiting scholar at MIT and U.C. Berkeley. In 1987, Lappé received the Right Livelihood Award, often called the “Alternative Nobel.” She is also a founding member of the World Future Council.

Lappé is a co-founder of three national organizations—Institute for Food and Development Policy (Food First), the Center for Living Democracy (1991-2000), and her current home, the Cambridge-based Small Planet Institute.

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Her first book, *Diet for a Small Planet*, published in 1971, has now sold 2.5 million copies. Her latest work is a report, titled *Crisis of Trust: How Can Democracies Protect Against Dangerous Lies?*, with Max Boland and Rachel Madison. In 2017, she co-authored with Adam Eichen, *Daring Democracy: Igniting Power, Meaning, and Connection for the America We Want*, focusing on the roots of the U.S. democracy crisis and how Americans are creatively responding to the challenge. Frances is also a co-founder of the Institute for Food and Development Policy (Food First) and the Cambridge-based Small Planet Institute. The recipient of 20 honorary degrees, Frances has been a visiting scholar at MIT and U.C. Berkeley and in 1987 she received the Right Livelihood Award, often called the “Alternative Nobel.”
General bio, 75 words

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Very short bio, 65 words

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Short democracy bio, 149 words

Frances Moore Lappé is the author of 2.5 million copy *Diet for a Small Planet* and 19 other books, many focusing on themes of “living democracy”—suggesting a government held accountable to citizens and a way of living aligned with the deep human needs for connection, meaning and power. In 2017, she co-authored with Adam Eichen, *Daring Democracy: Igniting Power, Meaning, and Connection for the America We Want*, focusing on the roots of the U.S. democracy crisis and how Americans are creatively responding to the challenge. Frances is a co-founder of the Institute for Food and Development Policy (Food First) and the Vermont-based Center for Living Democracy (1991-2000), where she was the founding editor of the American News Service (1995-2000), whose stories of citizen problem-solving appeared in half of the top 100 U.S. newspapers. Most recently in 2001, she founded the Small Planet Institute with her daughter, Anna Lappè.