

Frances Moore Lappé

Abbreviated Curriculum Vitae

ADDRESS

Small Planet Institute
12 Eliot Street
Cambridge, MA 02138
617-871-6609
<https://www.smallplanet.org>

Email: frances@smallplanet.org
Twitter: [@fmlappe](https://twitter.com/fmlappe)
Instagram: francesmoorelappé

EDUCATION

Earlham College, Richmond, IN (A.B. 1966)

University of California, Berkeley, CA (graduate study in social work)

EXPERIENCE

Co-Founder and Co-Director, Food First (1975-1991), A people's think tank and education-for-action center which worked to eliminate injustices that cause hunger and to forge food sovereignty for human rights and sustainable livelihoods.

Co-Founder and Co-Director, Center for Living Democracy (1990-1999), A think tank which accelerated the spread of democratic innovations in which regular citizens contribute to problem-solving.

Co-Founder, Editor, and Journalist, American News Service (1995-2000), A national wire service which published over 1,600 original solutions-oriented news stories about hope and problem-solving.

Co-Founder and Director, Small Planet Institute (2001-present), A think tank which spreads the philosophy of Living Democracy via writing, social media, and public speaking on solutions to the US broken democracy, climate crisis, economy inequality, and food injustice.

Co-Founder, Small Planet Fund (2001-present), A fund to support social movements and grassroots organizations with solutions to hunger, poverty, and environmental devastation.

AWARDS

Heritage Radio Network Hall of Fame (2019).

Women Greening Food, Audubon Society (2014).

2013 Humanist of the Year, Boston Ethical Society (2013).

Feisty Woman Award, Women's International League for Peace and Freedom (2013).

Friend of the Earth, Salem State University (2013).

Independent Publisher Book Awards/Silver Medal, for EcoMind (2012).

Nonino Rist D'Aur Prize, for her life's work, Italy (2011).

Outstanding Public Scholar Award, International Political Economy section of the International Studies Association (2009).

Open Center Award, New York Open Center for “shaping a new understanding of the interrelationships among local food, agricultural sustainability, and living democracy,” (2008).

Nautilus Gold/Best in Small Press, for *Getting a Grip: Clarity, Creativity and Courage in a World Gone Mad* (2008).

James Beard Foundation Humanitarian of the Year Award (2008).

Lifetime Service Award to Increase Planetary Awareness, AltWheels Alternative Transportation Festival (with biologist and author, E.O. Wilson) (2006).

Rachel Carson Environmental Achievement Award, The National Nutritional Foods Association (2003).

Nautilus Award/Best in Social Change, for *Hope's Edge* (2003).

Nutrition Hall of Fame, Natural Health Magazine (2000).

The Right Livelihood Award (aka the ‘Alternative Nobel’) (1987).

The Harry Chapin Media Award (formerly the World Hunger Media Award) (1982).

HONORARY DEGREES

1. Allegheny College, Pennsylvania
2. Anna Maria College, Massachusetts

3. California Lutheran University, California
4. Earlham College, Indiana
5. Grinnell College, Iowa
6. Hamline University, Minnesota
7. John F. Kennedy University, California
8. Kenyon College, Ohio
9. Lewis and Clark College, Oregon
10. Macalester College, Minnesota
11. Muhlenberg College, Pennsylvania
12. New College, California
13. Niagara University, New York
14. Olivet College, Ohio
15. Saint Mary's College, Indiana
16. Starr King School of Religious Leadership, California
17. University of Michigan-Ann Arbor, Michigan
18. Simmons College, Massachusetts
19. University of San Francisco, California
20. Indiana University, Indiana

PUBLICATIONS

Articles featuring or authored by Lappé in: *The New York Times Magazine*, *edible*, *O: The Oprah Magazine*, *Harper's*, *The New York Times*, *The Los Angeles Times*, *The Nation*, *People*, *Huffington Post*, *BillMoyers.com*, and more.

Co-Founder and journalist for the *American National News Service* (ANS), 1995-2000.

Contributing editor at *Yes! Magazine* and *Solutions Journal*.

Medium and Common Dreams, Small Planet Institute.

BOOKS AND REPORTS

Diet for a Small Planet, Ballantine Books, 1971, 1975, 1982, 1991, 2021.

Great Meatless Meals (with Ellen Buchman Ewald), Ballantine Books, 1974, 1976, 1981, 1985.

Food First: Beyond the Myth of Scarcity (co-authored by Joseph Collins, collaboration with Cary Fowler), Houghton Mifflin, 1977, Ballantine Books, 1979.

Mozambique and Tanzania: Asking the Big Questions (with Adele Beccar-Varela), Institute for Food and Development Policy, 1980.

Aid as Obstacle (with Joseph Collins and David Kinley), Food First, 1980.

Now We Can Speak (with Joseph Collins), Food First, 1982.

What To Do After You Turn Off the T.V., Ballantine Books, 1985.

World Hunger: Twelve Myths (with Joseph Collins), Grove Press, 1986, 1998.

Betraying the National Interest (with Rachel Schurman and Kevin Danaher), Food First, 1987.

Rediscovering America's Values, Ballantine Books, 1989.

Taking Population Seriously (with Rachel Schurman), Food First, 1990.

The Quickening of America: Rebuilding Our Nation, Remaking Our Lives (with Paul Martin Du Bois), Jossey-Bass, 1994.

Hope's Edge: The Next Diet for a Small Planet (with Anna Lappé), Tarcher/Penguin, 2002.

You Have the Power: Choosing Courage in a Culture of Fear (with Jeffrey Perkins), Tarcher/Penguin, 2004.

Democracy's Edge: Choosing to Save Our Country by Bringing Democracy to Life, Jossey-Bass, 2005.

Getting A Grip: Clarity, Creativity and Courage in a World Gone Mad, Small Planet Media, 2007, 2010.

EcoMind: Changing the Way We Think to Create the World We Want, Small Planet Media, 2011.

World Hunger: Ten Myths (with Joseph Collins), Grove Press, 2015.

Daring Democracy: Igniting Power, Meaning, and Connection for the America We Want (co-authored by Adam Eichen), Beacon Press, 2017.

It's Not Too Late: Crisis, Opportunity, and the Power of Hope, Small Planet Institute, 2021.

Crisis of Trust: How Can Democracies Protect Against Dangerous Lies? (with Max Boland and Rachel Madison), Small Planet Institute, 2023.

SCHOLARLY AND TEACHING EXPERIENCE

1984-1985: Visiting Scholar at the Institute for the Study of Social Change, University of California, Berkeley.

2000-2001: Visiting Scholar, Massachusetts Institute of Technology, Cambridge, Massachusetts.

2003: Instructor (with Dr. Vandana Shiva, Dehra Dun, India, on the roots of world hunger), sponsored by the Navdanya researching and agricultural demonstration center.

2004: Instructor (on Living Democracy), Schumacher College, Devon, England.

2006 and 2008: Visiting Professor, Suffolk University, Boston, Massachusetts.

2013-2014: Andrew W. Mellon Distinguished Fellow in Environmental Studies, Colby College, Waterville, Maine.

OTHER PROFESSIONAL EXPERIENCE AND APPOINTMENTS

1975: With Joseph Collins, launched the California-based Institute for Food and Development Policy (Food First) to educate Americans about the causes of world hunger.

1990: Co-founded the Center for Living Democracy, a 9-year initiative to accelerate the spread of democratic innovations in which regular citizens contribute to problem-solving.

1995–2000: Served as founding editor of the Center's American News Service (which placed stories of citizen problem-solving in nearly half the nation's largest newspapers).

2002: With daughter Anna Lappé, established the Small Planet Institute based in Cambridge, MA (a collaborative network for research and popular education to bring democracy to life).

2002: Co-founder of the Small Planet Fund, channeling resources to democratic social movements worldwide.

2006: Chosen as a founding councilor of the Hamburg-based World Future Council.

2009 to Present: Member, Advisory Board of Corporate Accountability International's Value the Meal campaign.

2011: Advisory board of the television series, *Kiss the Cook and the Farmer Too*, a 13-part series illustrates that *"We are what we eat and the ways in which we produce, prepare, and consume food not only affect our personal health and well being but also the health of our environment and our communities."*

2013: Contributor to *Bhutan's Happiness: Towards a New Development Paradigm* (submitted to the United Nations, December 2013) by invitation of the King of Bhutan.

Present: Member, International Commission on the Future of Food and Agriculture.

Present: Member, National Advisory Board of the Union of Concerned Scientists.

Present: Advisor, Calgary Centre for Global Community.

Present: Advisor, David Korten's People-Centered Development Forum.

Present: Member, Advisory Boards Chez Panisse Foundation and Earth Corps.

MEDIA APPEARANCES

Television and radio appearances: *NYT Retro Report*, *PBS special with Bill Moyers*, *the Today Show*, *CBS Radio*, *Hardball with Chris Matthews*, *Fox News' Fox & Friends*, *WSJ.com*, *The Canadian Broadcasting Corporation's 'The National'*, *Frost Over the World*, *NPR*, and *the BBC*, among other news outlets.

SPEAKING ENGAGEMENTS 2017-2021

Date	Speaking Engagements	City	State
11/16/2021	My Hero Project	Virtual Event	
11/10/2021	Raise the Green Bar: Sustainability Summit	Virtual Event	
11/9-11/2021	Indiana University Patten Lecturer	Bloomington	IN
11/1/2021	RevelEleven: Healthy Plates, Healthy Planet	Virtual Event	
10/25/2021	<i>92Y Diet for a Small Planet 50th Anniversary Edition</i> Book Launch	Virtual Event	
9/30/2021	Brookline Booksmith: <i>East Coast Diet for a Small Planet 50th Anniversary Edition</i> Book Launch	Virtual Event	
9/23/2021	Food Tank- <i>Diet for a Small Planet 50th Anniversary Edition</i> Book Talk	Virtual Event	
9/20/2021	Book Passage: <i>West Coast Diet for a Small Planet 50th Anniversary Edition</i> Book Launch	Virtual Event	
9/19/2021	City Arts & Lectures	Virtual Event	
9/9/2021	Center for Biological Diversity Webinar	Virtual Event	
8/17/2021	NPR Climate One	Virtual Event	
4/22/2021	Sustainable Woodstock: Virtual Earth Day	Brattleboro	VT
4/9/2021	Indiana Academies Symposium: Virtual Keynote	Indianapolis	IN
3/11/2021	Swarthmore College – Virtual Class Guest Speaker	Swarthmore	PA
2/26/2021	Indiana University: Virtual Patten Lecture Series	Bloomington	IN
1/7/2021	Oxford Real Farming Conference – Virtual Keynote	London	England
10/28/2020	Beacon Books: Daring Democracy Virtual Event	Boston	MA
8/3/2020	Goddard Graduate Institute – Virtual Event	Plainfield	VT
7/24/2020	Sustainable Iowa Land Trust – Virtual Book Forum	West Branch	IA

7/23/2020	Boston Globe: The Future of Food – Virtual Panelist	Boston	MA
6/4/2020	Slow Living Summit – Virtual Keynote	Brattleboro	VT
4/22/2020	PCC Farmland Trust – Virtual Earth Day	Seattle	WA
3/5/2020	Praxis Peace Institute	Sonoma	CA
3/1/2020	First Church of Belmont	Belmont	MA
11/20/2019	Tufts University and Food Tank	Boston	MA
10/22/2019	Marist College: Sustainability Week Speaker	Poughkeepsie	NY
10/8/2019	Emerson College: Bright Lights Film Series	Boston	MA
9/28/2019	Princeton University Counter-Culture Conference	Princeton	NJ
9/21/2019	Westmoreland Museum of American Art	Greensburg	PA
7/25/2019	Porter Square Books- Be The Change Community Action Series	Cambridge	MA
5/31/2019	Radcliffe Institute for Advanced Study at Harvard University	Boston	MA
5/18/2019	University of San Francisco	San Francisco	CA
4/16/2019	Colorado Mountain College	Edwards	CO
4/8/2019	Emerson College class "Biology and Economics of Cooperation" class	Boston	MA
3/24/2019	The Greater Woodbury Environmental Forum	Woodbury	CT
3/18/2019	Arlington Democratic Town Committee	Arlington	MA
3/14/2019	Unitarian Universalist Congregation at Shelter Rock	Manhasset	NY
3/5/2019	Tufts University, Boston Book Launch of Eating Tomorrow	Boston	MA
3/4/2019	Suffolk University class "Radical and Revolutionary Political Thought"	Boston	MA
1/19/2019	Mid-Missouri Solidarity Network – University of Missouri	Columbia	MO
11/3/2018	Long Island Food Coalition Conference at Long Island University	Brookville	NY
4/29/2018	Unitarian Universalist Society of Rockport	Rockport	MA
4/19/2018	Let's Talk Democracy at Forest Hills Library	Queens	NY
3/19/2018	La Crosse United to Amend at Viterbo University	La Crosse	WI
3/1/2018	Cedar Lane Unitarian Universalist Church	Bethesda	MD
2/3/2018	Unrig the System Summit at Tulane University	New Orleans	LA
11/1/2017	Vassar College	Poughkeepsie	NY
10/22/2017	Vermont Law School: Localize it! What Resilience Looks Like	South Royalton	VT
10/14/2017	Chatham University Food and Climate Change Conference	Pittsburg	PA
10/12/2017	Earth Ethics Institute at Miami Dade College	Miami	FL

10/10/2017	Eckerd College	St. Petersburg	FL
10/7/2017	Town Hall Seattle	Seattle	WA
6/1/2017	Community Food Funders Annual Gathering	NYC	NY
2/23/2017	Framingham State University	Framingham	MA
1/17/2017	University of Michigan, Ann Arbor	Ann Arbor	MI