

FRANCES MOORE LAPPÉ

SELECTED TOPICS



FINDING OUR VOICES, BRINGING DEMOCRACY TO LIFE

- **STORIES & LESSONS OF HOPE IN ACTION** At a time of heightened fear of terrorism and economic instability, ordinary people are demonstrating courage and ingenuity to address the underlying causes of our global problems.
- **DISCOVERING OUR POWER, OUR PERSONAL ENTRY POINTS** It's easy to feel like an insignificant drop in the bucket, but buckets in the rain fill up awfully fast. So how do we see the bucket? Where do we begin?
- **FREEDING OURSELVES FROM FEAR'S LIMITING ENERGIES** Our hardwired feelings of fear no longer entirely serve us. In fact, they can block us from doing precisely what we must to save ourselves and the planet. We can discover that within our fear there is energy to create.

SUSTAINABLE FUTURES & LIVING DEMOCRACY

- **SUSTAINABLE AGRICULTURE** What have we learned about the potential of sustainable farming?
- **CAPITALISM AND HUMAN VALUES** How can economies and corporations serve the health of nature and communities?
- **DEMOCRACY'S NEXT HISTORICAL STEP** How the meaning of democracy is shifting: from a distant and static structure of government to an enlivening everyday practice in which we develop our fullest selves.

GLOBALIZATION, TRADE & WORLD HUNGER

- **CORPORATE GLOBALIZATION FOR WHOM?** Why is the term globalization misleading? What does it really mean? What are emerging solutions to global problems the media misses by focusing solely on protest?
- **UPROOTING WORLD HUNGER** What's wrong with George W. Bush's call-to-arms that American farmers should "feed the world?" Where do the real solutions to world hunger lie? How are all of us hurt by the continuing tragedy of world hunger?
- **GLOBAL SNAPSHOT OF HOPE** What can we learn from the world's largest grassroots citizen movements, from the foothills of the Himalaya to villages in Bangladesh, movements the media rarely covers?

THE POLITICS OF FOOD

- **GENETICALLY MODIFIED ORGANISMS (GMOs)** What's at stake? Do we need GMOs to feed the world? Who IS benefiting from GMOs?
- **FOOD CHOICES** How can we choose foods that are best for our bodies, for the earth, and for the people who tend it?
- **ORGANIC FOODS** After 50 years of chemical agriculture, what are the consequences and what are the alternatives?